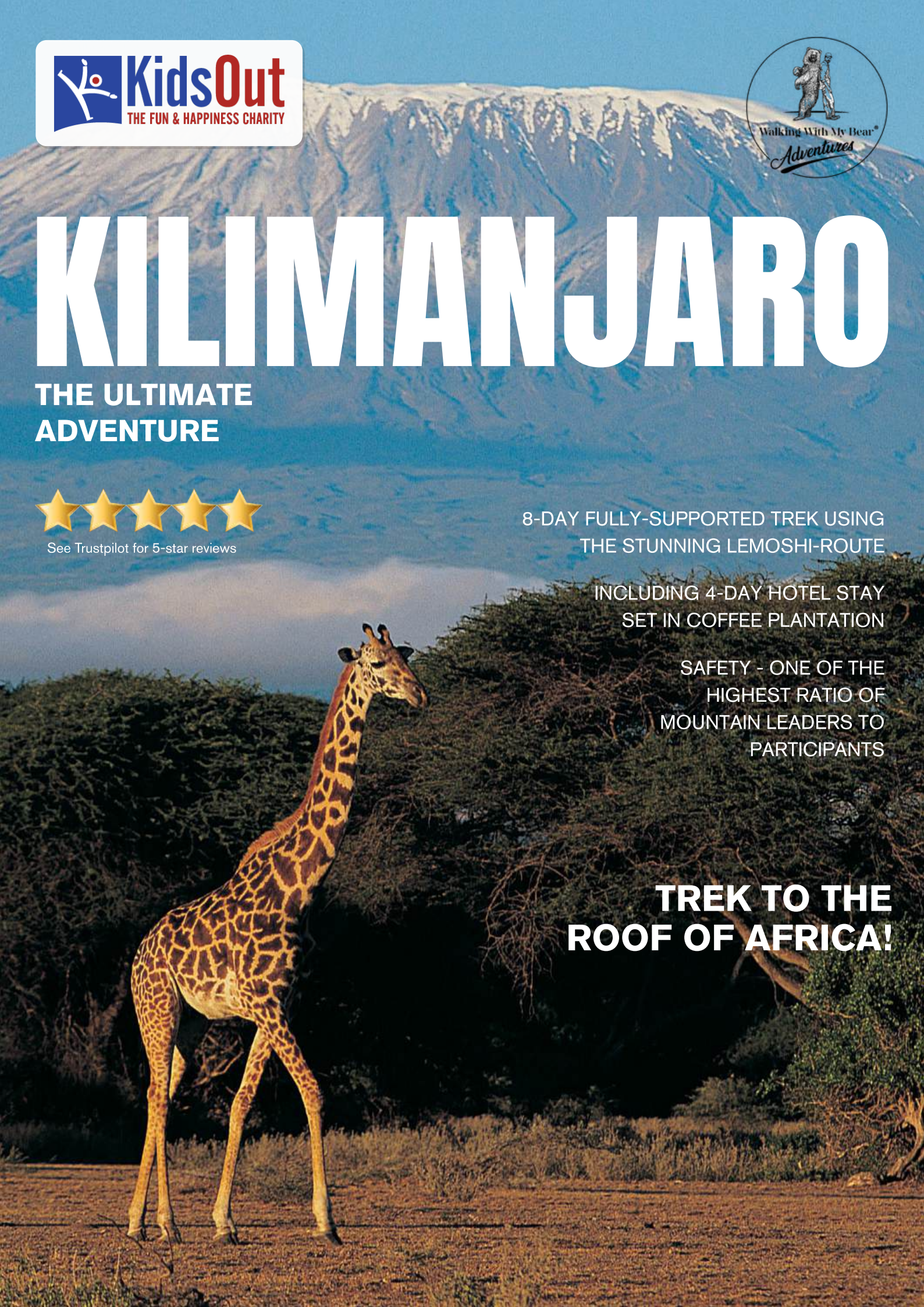

KidsOut
THE FUN & HAPPINESS CHARITY
Walking With My Bear®
Adventures
KILIMANJARO
THE ULTIMATE ADVENTURE
See Trustpilot for 5-star reviews
8-DAY FULLY-SUPPORTED TREK USING THE STUNNING LEMOSHI-ROUTE
INCLUDING 4-DAY HOTEL STAY SET IN COFFEE PLANTATION
SAFETY - ONE OF THE HIGHEST RATIO OF MOUNTAIN LEADERS TO PARTICIPANTS
TREK TO THE ROOF OF AFRICA!

KILILMANJARO - THE ULTIMATE ADVENTURE

Prepare to witness breathtaking natural beauty and captivating sights on this exciting adventure to the top of Africa.

Kilimanjaro is more than just a destination; it's an iconic symbol of nature's magnificence. The Lemosho Route, known for its stunning scenery, allows you to trek through dense rainforests, vast alpine ridges, and witness the glorious glacier-capped summit of Uhuru Peak.

This immersive experience nurtures your mental wellness as you find solace in the serenity of nature, inspired by the giraffes, playful blue and colobus monkeys greeting you at the start of this life-changing, fully supported, adventure.

Led by British expert adventurer Jonathan Kattenberg, founder of Walking With My Bear Adventures, this trek will take you through stunning landscapes, from lush rainforest to alpine desert and icy glaciers, as you make your way to the top of Africa.



SIMPLY LIFE-CHANGING

Surrounded by the vibrant sounds of nature, lush greenery and dense foliage, your professional mountain trekking guide, Jonathan, along with his experienced team, will guide you every step of the way, ensuring your safety and comfort. As you traverse this stunning environment. Throughout your journey they will share their knowledge of this trek that they have completed many times before, making the experience both adventurous and educational.

During this trek it will feel like you are experiencing all the seasons in a matter of just a few days. From lush rain forests to alpine desserts, and rocky barren ridges to snow-capped mountains, this fascinating trek never fails to showcase the wonders of nature for all who take part.

One of the most photographed points of this adventure is where you'll witness carpets of clouds spread below, creating a sense of being above the world. On a clear day it's even possible to see the Earth's curvature as you eye stretch across the vast, flat expanse of the African savannah stretching out toward the horizon.

You will also witness the Great Rift Valley far off in the distance, with nearby volcanoes like Mount Meru (the second-highest mountain in Tanzania) looming in the distance. The summit also features a large crater, which adds to the feeling of being on a totally different planet.









ITINERARY

Day 1: Arrival in Tanzania JRO

You will be collected from Kilimanjaro International Airport (JRO) and transferred to the hotel where you will be introduced to your guide who will answer any questions you may have during a briefing and equipment check session. Due to the high altitude of your trek, once you have settled in at the hotel, medical checks will be carried out. Your medical checks will continue throughout the adventure both morning and evening in line with our best practice policy



Day 2: Day of Leisure

Your boutique, family-run hotel is set within a stunning coffee plantation. Here on a clear day you can see Kilimanjaro in the distance from the pretty gardens of the hotel. Today is about decompressing from your long flight, so most of our clients spend it lazing around the pool or having a swim.. This is your time to enjoy as you wish.



Day 3: Lemosho Glades to Big Tree Camp

You will be collected from the hotel and transferred to the Lemosho entrance gate located on the western side of Mount Kilimanjaro, where your trek will begin.

Blue monkeys watch as you start your journey whilst the porters and chefs stride ahead so that our camp is ready and waiting for us on arrival. Our hike begins through the lush Lemosho glades.







Day 4: Big Tree Camp

We will walk across a grassy vegetation cover plateau consisting of heather and moorland, scattered with unique volcanic rock formations. Here we will catch a glimpse of the amazing views of the Kibo Peak floating beneath the clouds.

Day 5: Shira 1 and 2 Camps

Our walk continues across the flat plateau towards the Shira Cathedral (located at 3,872m) with views of the Kibo peak, the Shira plateau, and if it is clear, you are able to see the Machame route trails and panoramic views of the Kilimanjaro summit.

Day 6: Day 6: Shira 2 Camp to Barranco Camp

We start the day with with stunning panoramic views of the Kilimanjaro Mountain towards the climatic zone of the upland desert. Today we will reach the pinnacle of the Lava Tower providing a great place to enjoy lunch. In the afternoon we make a steep descent to our final camp for the night, located in the base of the Great Barranco Valley, encircled by towering cliffs like a rampant wall around it with extensive views of the plains below.



Day 7: Barranco Camp to Karanga Camp

Today we will head towards the huge ravine called “The Great Barranco Wall” which divides us from the south-eastern slopes of Kibo. We’ll hike below the Heim and Kersten glaciers as we head across the Karanga valley to the Karanga Camp (set at 3963m) for a hot lunch and relaxation.

Day 8: Karanga Camp

Set off on hike to the Base Camp, The Barafu Camp located at 4,640m / 15,224ft above sea level. We will hike passing through the scree slopes of the desolate plains with no vegetation cover. On arriving at the Barafu Camp for lunch you can spend the afternoon relaxing and take an early dinner before you take a short nights sleep. Our Guide will wake us up at 11pm to start the final ascent to the “Uhuru Peak” sited at 5,895m / 19,341ft above sea level.

Day 9: Barafu Camp to Uhuru Peak and Millennium Camp.

We will begin with a hike along a steeply upward trail across the summit zone where you can catch a glimpse of the spectacular views of the Kilimanjaro glaciers. We aim to be on the crater rim at Stella Point before the first rays of the famous majestic sun rise.



Day 10: The Summit

Another hour’s walking takes us to the summit, Uhuru Peak (5895m). Amazing ice cliffs amidst the crater surround us and the spectacular views of the Mawenzi peak.

Our our gentle descent down through the rain forest to Mweka Gate, where we complete park formalities and receive official certificates to enshrine your great achievement

Day 11: Day of Rest

Rest and reflect at your hotel with breakfast and evening meal included.

Day 12: Transfer to Airport Home

When it comes to you being safe we're second to none!

At Walking With My Bear we pride ourselves on delivering a superior level of care that is second to none in the industry; in fact our guide-to-client ratio is one of the best available anywhere.

We will be with you every step of the way to ensure your safety and to carry equipment. All you need to do is have fun and enjoy your adventure. It's one of the main reasons why so many of our clients return again and again.

Our mountain leaders are not just guides; they are seasoned experts with a wealth of experience in navigating diverse terrains and fostering personal growth through nature. They, like Jonathan, have been recognised in esteemed publications such as The Professional Mountaineer.

If you are thinking about taking part in an adventure and would like more information, please get in touch.

To find out more about any of our services or treks go to:

www.walkingwithmybear.com

T:07990 629643
E: contact@walkingwithmybear.com

Walking With My Bear Adventures adheres to BS8848 Expedition and Travel Standards Standards and BS11200 Crisis Management Standards



JONATHAN KATTENBERG
FOUNDER, WALKING WITH MY BEAR

"He may be in his 50's, but his pursuit to be the best and the fittest clearly showcases in his achievements and ongoing training.

To put this into context, in 2021 he completed 1,053 miles unsupported in under 13 days, and in the summer of 2023, he completed 34 x National 3 Peak Challenges and 8 Yorkshire 3 Peak Challenges. His training regime is extraordinary too. He will regularly spend up to 15 hours pulling a tyre for 30-50 miles without any support. Put it this way,
I don't know many twenty-year-olds that could do that."

L Mills. Journalist

Walking With My Bear® Adventures

KidsOut
THE FUN & HAPPINESS CHARITY

TREK TO THE ROOF OF AFRICA

Email: contact@walkingwithmybear.com

*excludes flights to Kilimanjaro Interational Airport



Walking With My Bear®