

Working towards a world where domestic abuse never defines a child's future



Every year in the UK thousands of children are supported in specialist safe accommodation services.

Many of these children and young people arrive with few or no personal belongings having experienced directly or have lived with domestic abuse. Many are living with the lasting effects of these experiences and need the time, support, and opportunities to recover and rebuild their lives.

In collaboration with over 600 women's refuges and community services across the UK, KidsOut works to ensure that these children and young people have access to the opportunities, fun experiences, and support they need to recover and rebuild their lives.



CREATING FUN & HAPPINESS

We provide toy boxes on arrival at the refuge and at Christmas, as well as fun days that help children make happy memories and simply enjoy being children.



ESSENTIAL SUPPORT

We provide practical support to families including food vouchers for essential groceries, helping reduce financial pressure, particularly during school holidays when meals are unavailable.



SUPPORTING WELLBEING

We support emotional recovery by funding therapeutic services and transforming refuge environments, creating safe, welcoming spaces where children and families can relax and start rebuilding their lives.



PROVIDING DIGITAL ACCESS

We provide educational and digital devices, helping children learn and reach their potential while enabling families to stay connected and access essential services.

Real Impact.

Every year, we provide over **10,000 Toy Boxes** and **8,000 Fun Days** for children and young people across the UK.

Every Toy Box, Fun Day, food voucher, and laptop support a child whose life has been affected by domestic abuse. What may seem like a small act of kindness can make a lasting difference, reminding children and families that they are seen, valued, and never alone.



"I don't know what to say about the kindness we have been shown here, thank you it makes such a difference."

Mum in refuge.



Donate



Give a Toy or Fun Experience



Fundraise



Support a refuge renovation



Volunteer



Partner with Us

